

Living it up in style and bliss at Goa

My daughter Akanksha and me went for a week Holiday to our all time favorite destination Goa and put up at The Lemon Tree Amarante Beach Resort and surely Life was Bliss! Located on Candolim Beach in North Goa, the resort stretches from the main road right up to the beachfront. Designed to evoke the poetry and romance of 15th century Portugal, it is visually stunning with medieval oil paintings, artifacts, tile work and stained glass set amidst a lush green environment and calm water bodies. One can take a lime and lemony fresh pick from the rooms this Lemon Tree Amarante Beach Resort Goa has on offer from Plaza rooms, Pavilion rooms with a balcony. Garden rooms with a garden, a terrace studio room with a large private terrace, heritage rooms to heritage studio rooms. We booked ourselves in a Heritage suite (it's cheaper during off-season!) which was housed in a century Old Portuguese mansion, and has been restored to its original glory and appointed with all modern amenities. Truly our suite was the star of the show with a king bed and an attached private swimming pool and with impeccable housekeeping we had a great time.

We loved walking across in the resort as is built along arched loggias, Spanish Mountains and palm dotted walkways. One can easily make a booking on the net on their site. For any time dinning one could opt for the "Citrus Café" which makes a refreshing choice indeed. This lively coffee shop by the pool is open 18 hours/day, also has an alfresco dining section, offering guests a choice of seating arrangements. An eclectic all day dining menu includes Indian, European, American and Pan Asian cuisines in addition to our special home grown Goan recipes. It offers a daily breakfast buffet from 7.00 am to 9.45 am, complimentary for all resident guests. The Hotel's Oriental restaurant "Republic of Noodles" is pretty much the only restaurant in the country for authentic South East Asian Street food in a fine dining setting, and happily the food, ambience and service all combine to make a visit to the restaurant a captivating experience. A good selection of beverages completes a memorable meal. A good idea is also to sip any of their eclectic infused teas along with your meal. From the best choice of ingredients (absolutely fresh) to precision preparation and careful presentation, "Chef Yuh Ing" obviously labor with love, creating and reinventing gourmet south East Asian street delights running the gamut from "Malaysian Popiah", "Indonesian Bamee Goreng" to "Fiery Srilankan fish curry".

Health and fitness is also an agenda in Goa. The Hotels Spa "Snip" is absolutely amazing and has branches in Calangute and Panjim as well. Go for the Firming & Shaping Luxury Wrap. Indulge yourself in the luxury of this treatment and wake up to a fresher you. This 120-minute treatment gives you the pleasure of being pampered through use of a wrap rich in multiple seaweeds and an intensive massage leaving you totally relaxed and de-stressed.

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